

From Sub Zero to Cruising Altitude

Emily Lanna

Flight Nurse, Careflight



Nursing notes....

*“***** can be difficult and controlling at times”*

*“***** can be child like and attention seeking at times”*

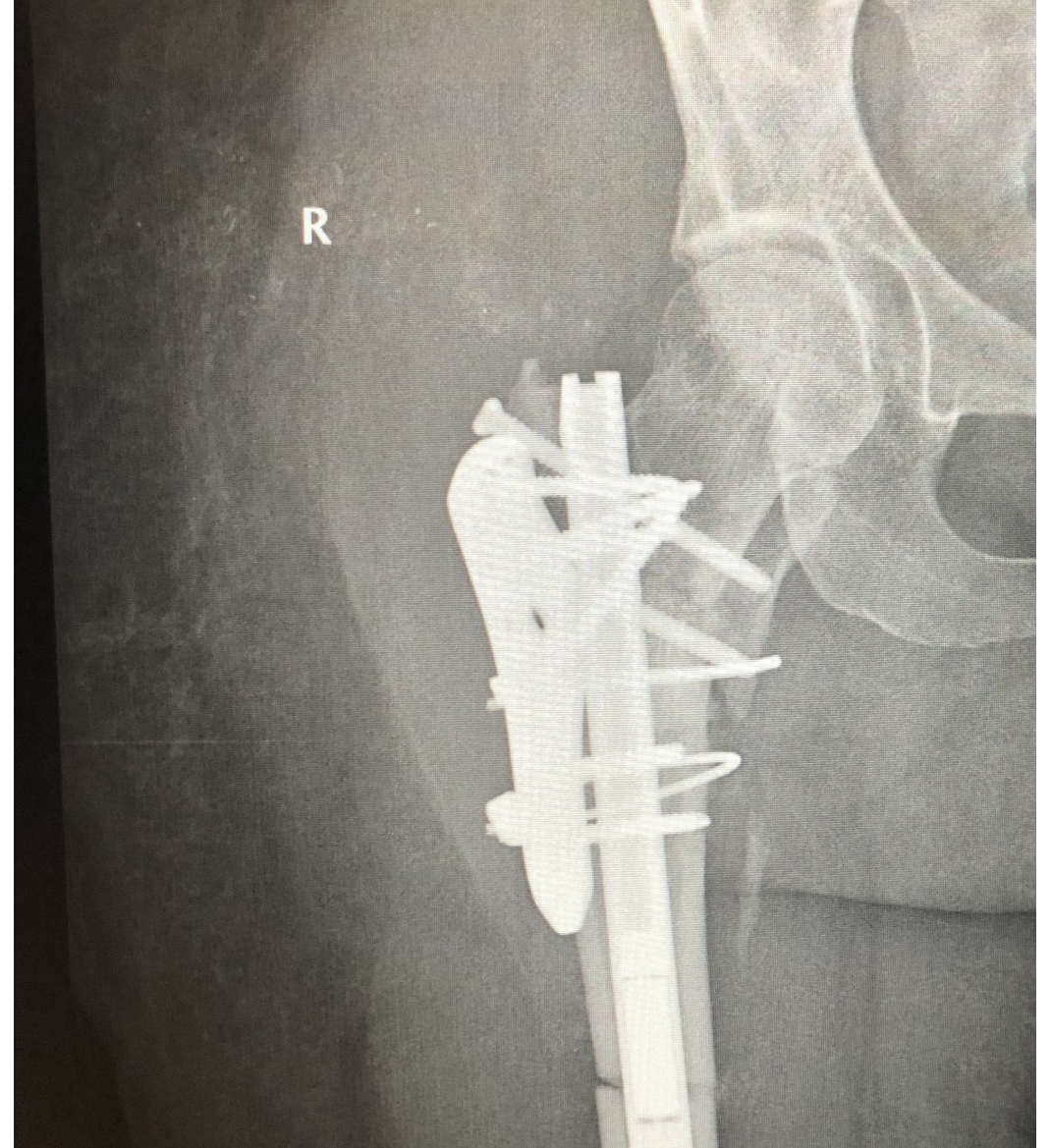
*“***** is GCS 15 but acting ??weird vs very annoying”*

*“***** is anxious ++
+”*



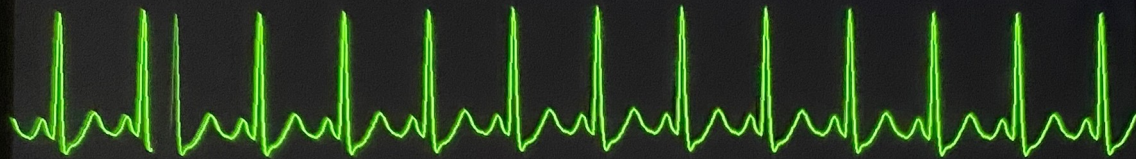
Otago Southland Rescue Helicopter



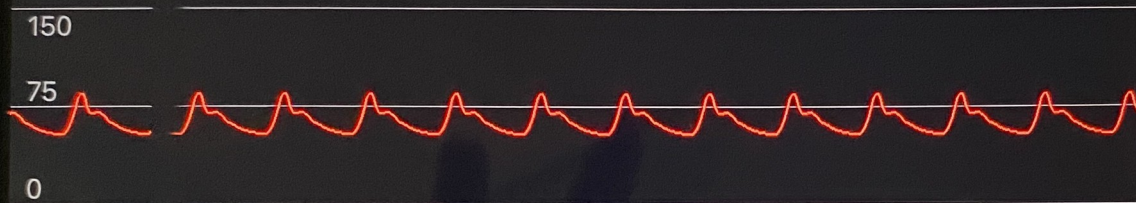




NZ Air Ambulance Jet & Commercial Escort



ECG
148



Lead II
BP mmHg
85
(65) 55



SpO2 %
90
PR 148

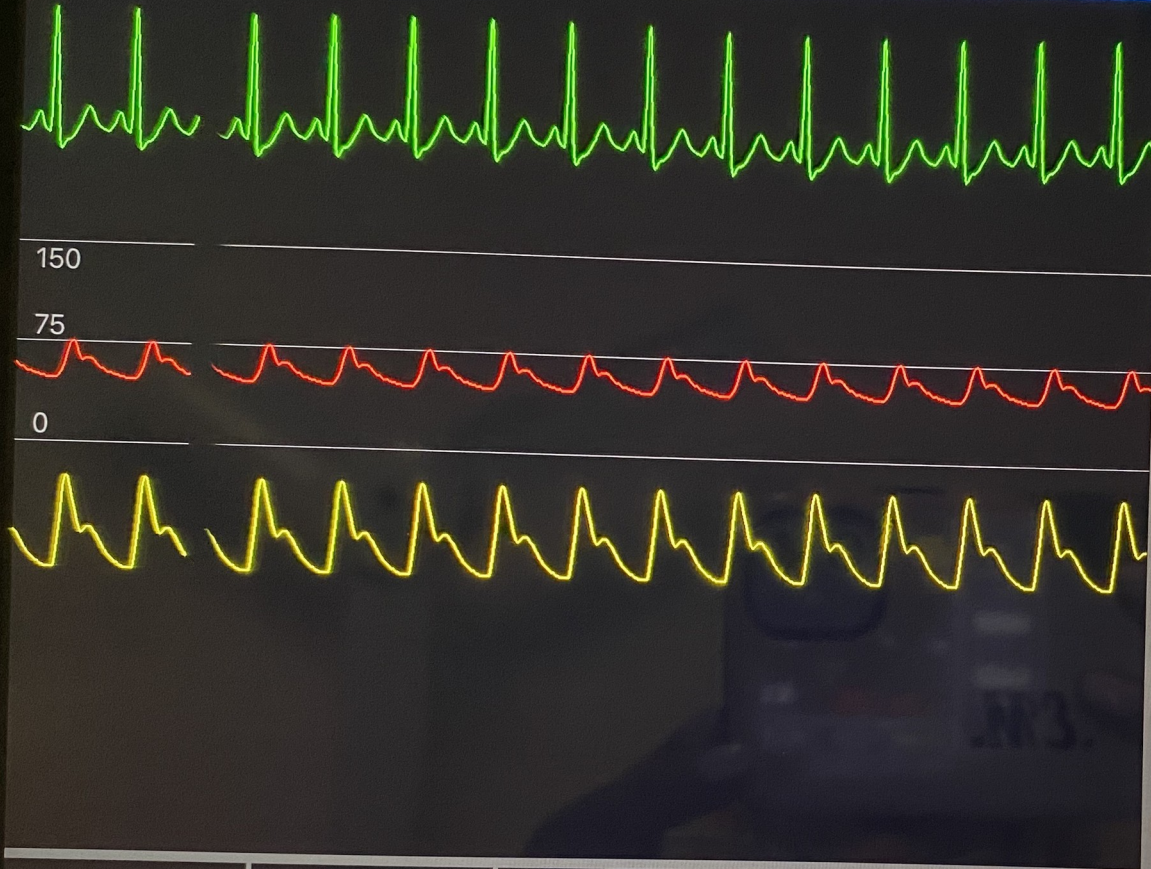


RR 28

Temp	°C	NIBP	mmHg
	39.7	85 / 55 (65)	0:00

15:10 NIBP AUTO START NIBP START

200 J
1 ENERGY
2 CHARGE
3
DISARM
SYNC
PACER
RATE
OUTPUT
||



ECG
160
Lead II
BP mmHg
76
(58) 49
SpO2 %
86
PR 160
RR 31

200 J

1 ENERGY

2 CHARGE

3

DISARM

SYNC

PACER

RATE

OUTPUT

||

		Temp °C	NIBP mmHg
		39.8	76 / 49 (58)
			0:00

16:32 NIBP AUTO START NIBP START

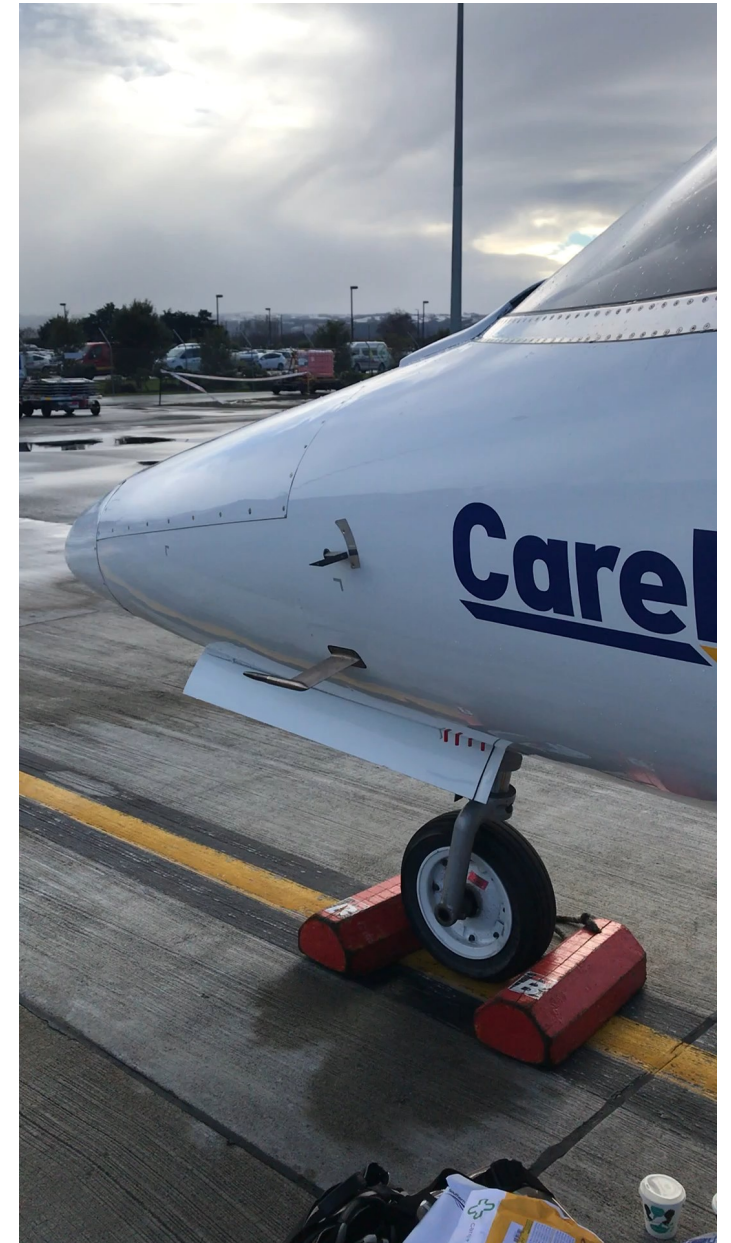


HYSTERICAL

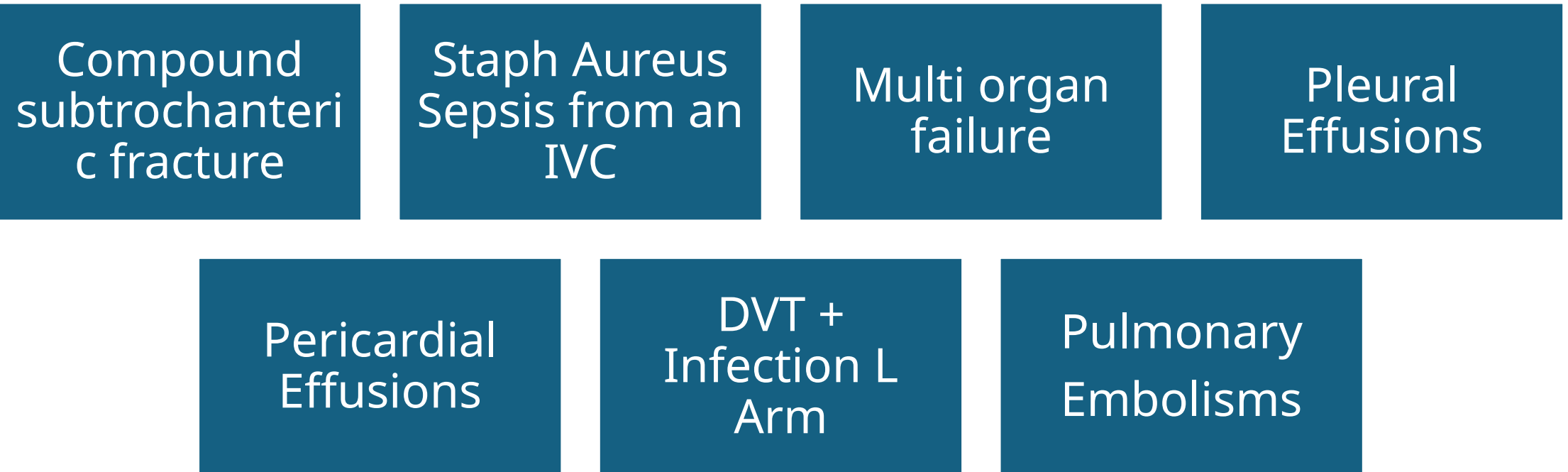


ICU- Dunedin

The final
ride home...



Lets Recap



Rehabilitation





David & I during my first check flight- October, 2022

Ski Patrol: *“You were an excellent patient, in a lot of pain, an awkward leg position.... You also coped remarkably well by allowing and assisting us...”*

Strange & Bizarre Behaviour..... What does it mean?

“Emily can be difficult and controlling at times”

“Emily can be child like and attention seeking at times”

“Emily is GCS 15 but acting ??weird vs very annoying”

Emily is anxious +++

Medical Causes

Hyponatremia

Sepsis

Hypoxia

Sleep
Deprivation

Febrile

Copious
amounts of
Opioids

ICU Delirium

What is the
biggest cause??

FEAR



“When patients perceive that healthcare professionals are compassionate, they are at lower risk of developing PTSD symptoms”

Compassionate Care



Lowers Blood Sugar



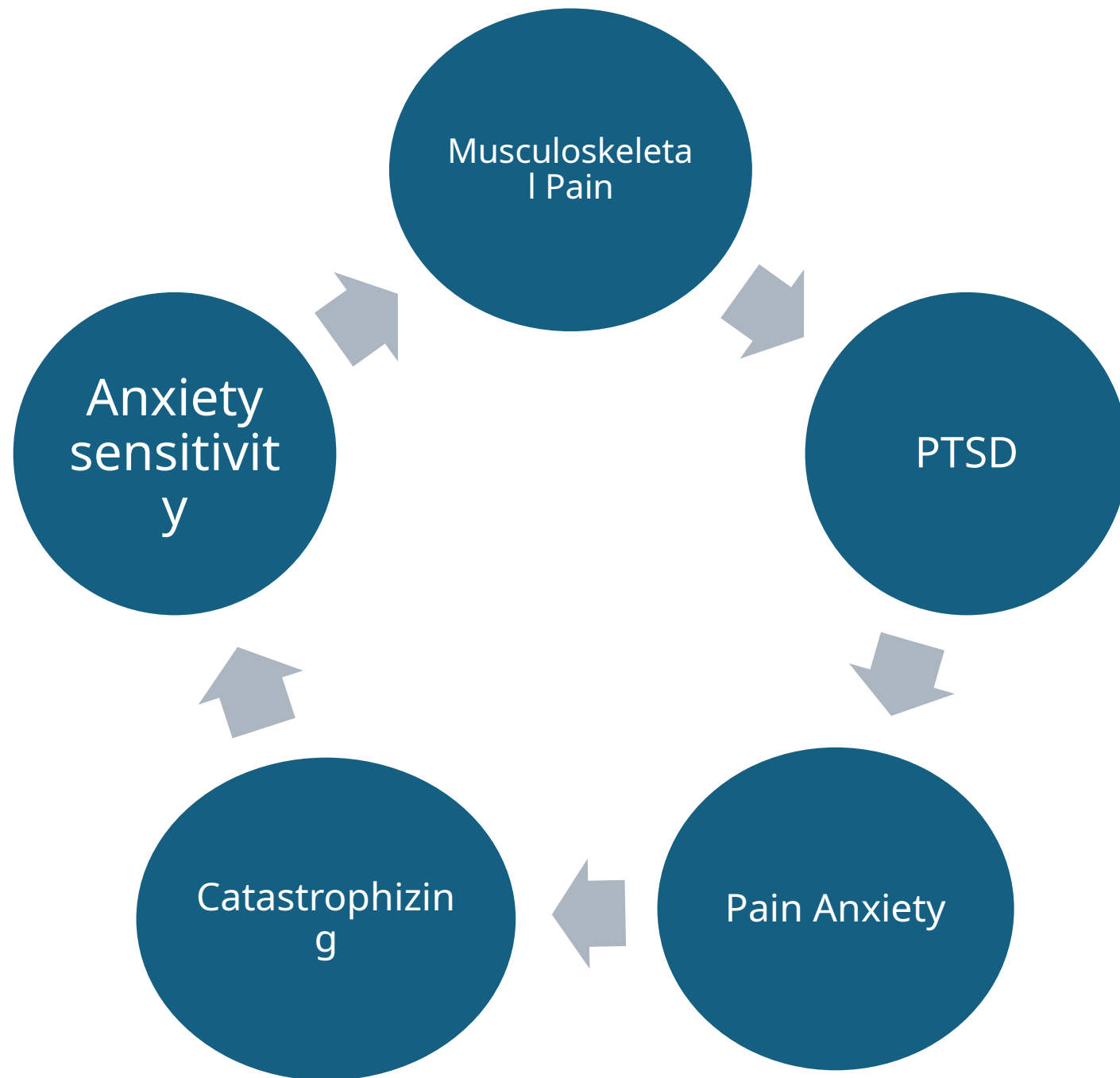
Decreases Analgesic
needs





Pain Anxiety







VS

-Empathy

-Compassion

-

Understanding

g





Thank you



Reference List

